

Name _____

Date _____

Develop Thesis and supporting Points

Write about your topic:

Read the theme: "The Importance of Exercise for Kids."

Now, write a clear thesis statement that summarizes your main idea about this topic. Then think of **three supporting points** that will help explain and prove your thesis.

Hint: A thesis should answer the question, "Why is exercise important for kids?"

Thesis Statement:

Supporting Points 1:

Supporting Points 2:

Supporting Points 3:

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Develop Thesis and supporting Points – Answer Key**Write about your topic:**

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Now, write a clear thesis statement that summarizes your main idea about this topic. Then think of **three supporting points** that will help explain and prove your thesis.

Hint: A thesis should answer the question, "Why is exercise important for kids?"

Thesis Statement:

Exercise is important for kids because it helps them stay healthy, improves their focus and mood, and teaches them discipline and teamwork.

Supporting Points 1:

Exercise helps improve kids' physical health, such as building stronger muscles, reducing obesity, and keeping their heart healthy.

Supporting Points 2:

Exercise boosts mental well-being by reducing stress and improving focus and mood, helping kids perform better in school.

Supporting Points 3:

Group activities like sports teach kids discipline, teamwork, and how to work towards shared goals.