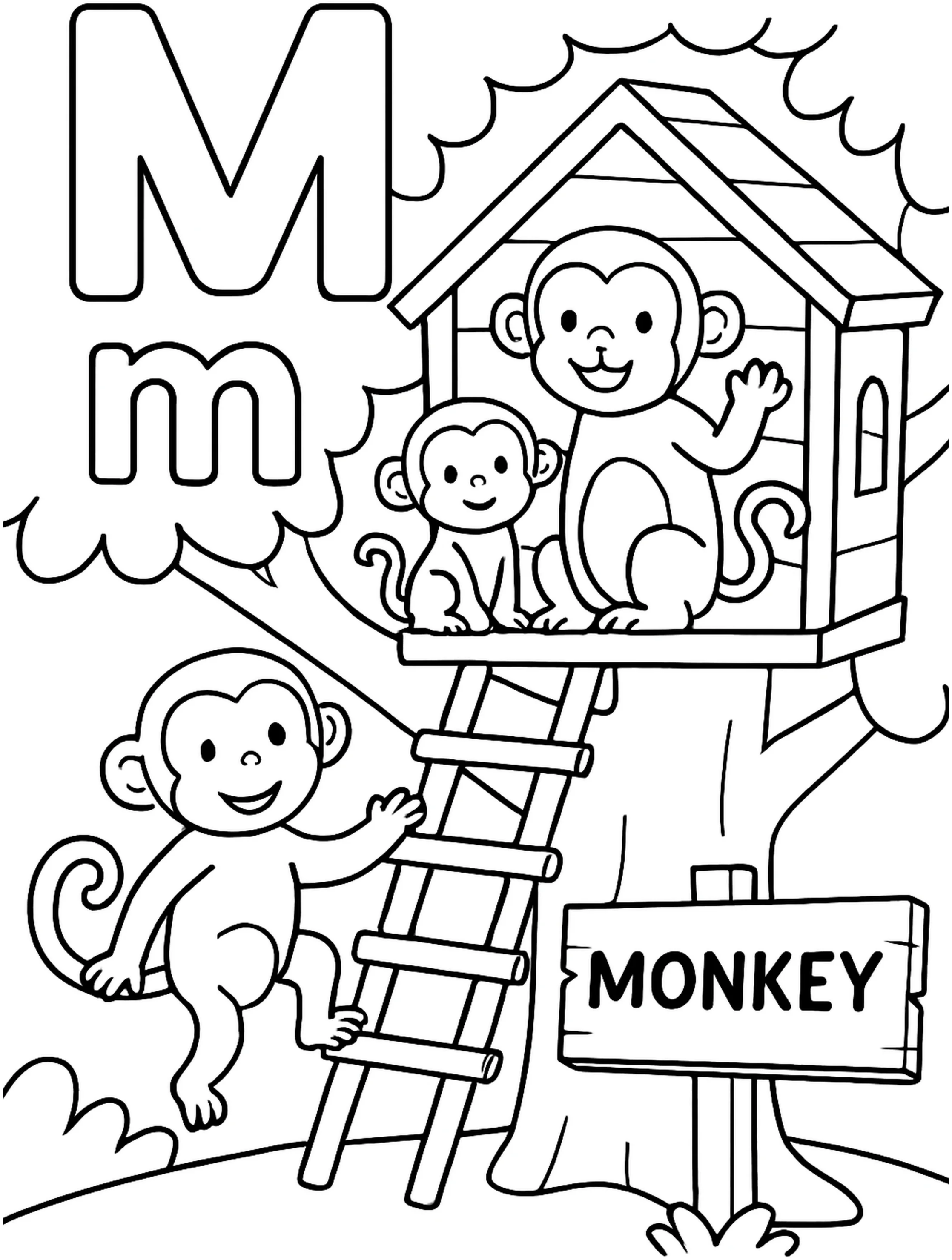M m